

## Verbal Test of Practical Judgment® (VPJ®)

Name: \_\_\_\_\_

Today's Date: \_\_\_\_\_

DOB: \_\_\_\_\_

Gender: Female / Male

Total Score: \_\_\_\_\_/20

Education: \_\_\_\_\_

Examiner: \_\_\_\_\_

**\*Scoring guidelines** are written in the white space below each question.

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|---|-------|
| 1. Suppose you have been taking a medication for a long time. What might happen if you suddenly stop taking it? | 2 1 0 |
|---|-------|

2 = Serious negative consequences could arise. For example, I could become seriously ill or eventually die.

1 = Minor negative consequences could arise. For example, I could feel sick.

0 = Probably nothing would happen. I take too many medications anyway. Inaccurate or vague response.

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| 2. Suppose you realize that you accidentally took too much of your medication. You took twice the prescribed dose. What should you do? | 2 1 0 |
|--|-------|

2 = Call my doctor and ask advice. Contact the nurse and ask advice. Call Poison Control and ask advice.

1 = Monitor my reactions and call for help if I get sick.

0 = I wouldn't do anything. I would just wait. Inaccurate or vague response.

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|---|-----|
| 3. Suppose you fall in the bathroom and cannot get up. You're home alone. What should you do? | 2 0 |
|---|-----|

2 = Push my pendant. Crawl to the phone and call for help. Other appropriate and active response.

0 = Lay there and wait for help.

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| 4. Suppose you plan to microwave a frozen dinner for your meal. When taking the dinner out of the freezer, you notice it is not frozen. What do you do about eating? | 2 1 0 |
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2 = A plan to eat something else AND awareness that eating the microwave dinner might make one sick. (key feature)

1 = An awareness of the possible health consequences of eating spoiled food, but NO reasonable plan to eat.

1 = A plan to eat something else, but NO recognition of the possible health consequences of eating spoiled food.

0 = I would eat it anyway. Lack of awareness that spoiled food can lead to being sick.

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| 5. Suppose you have a 5 PM appointment with your doctor. It takes 35 minutes to get there. What is the latest you can leave to get there at 5 PM? | 2 0 |
|---|-----|

2 = 4:25

0 = Any other answer

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|--|-------|
| 6. Suppose you are waiting for a taxi to take you to an appointment with your doctor. The taxi is 15 minutes late. What should you do? | 2 1 0 |
|--|-------|

2 = I would call the doctor and say I am late. I would call the doctor and see if I can reschedule the appointment.

1 = I would call the taxi service to see what happened (w/o calling the doctor).

0 = I would wait for the taxi to come. An inaccurate or vague response.

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|---|--------------|
| <b>7. Suppose you haven't bathed or showered in two weeks. Tell me what possible problems might be the result.</b>  | <b>2 1 0</b> |
| <br>2 = At least two concrete examples or a stated association between hygiene and health.<br>1 = One concrete response [I could smell bad], without stating an association between hygiene and health.<br>0 = I don't think showering or bathing is all that important. Inaccurate or vague response.  |              |
| <b>8. Suppose you receive a check the beginning of every month that you use to meet your expenses. You have five days left in the month. The electric bill is due and you have a prescription to pick up. You can't afford to pay both. What should you do?</b>   | <b>2 1 0</b> |
| <br>2 = I would pay for the prescription and call the electric company and see if I can send it in late. (Recognition that patient can't pay both, but Rx is more important).<br>1 = I would pay for the Rx and wait on the electric. (Understand that both can't be paid w/o a plan for both).<br>0 = I would wait for next month and pay them then. Inaccurate or vague response. |              |
| <b>9. Suppose you buy a meal at a restaurant that costs \$15. You hand the server \$20, and she gives you \$2 back. What should you do?</b>   | <b>2 1 0</b> |
| <br>2 = Ask for the correct change. (Recognition of receiving an inaccurate change with an appropriate response).<br>1 = Consider the amount she owes me as the tip.<br>0 = I wouldn't do anything. Inaccurate or vague response.   |              |
| <b>10. Suppose someone you do not know comes to your door to sell you a magazine subscription. He asks you if he can come into your home to tell you about great magazine discounts. What should you do?</b>  | <b>2 1 0</b> |
| <br>2 = I wouldn't let him in the door. I'd ask him to leave written information and tell him that I'll call him if I am interested.<br>1 = I wouldn't answer the door.<br>0 = I would let him in and listen to his sales pitch. Inaccurate or vague response.  |              |