

The BCAT® Dementia Program

The BCAT® Dementia Program is an evidence-based interprofessional approach to reducing dementia-related behaviors while emphasizing nonpharmacological interventions. The Program integrates three primary components: the CBS-8 for identifying and tracking dementia-related behaviors; 3D behavior management approach, which decodes problem behaviors and introduces specific resident-centered interventions; and MemPics® for promoting positive meaningful engagement and reducing agitation.

- Step 1:** Determine if the resident has dementia. A tool like the BCAT®-Short Form can be completed in less than 3 minutes and has a “cut score” for identifying probable dementia.
- Step 2:** Utilize the newly developed Columbia Behavioral Scale for Dementia (CBS-8) to determine the behavioral and psychological symptoms of dementia (BPSDs) baseline. The CBS-8 has been empirically validated for use by both nursing aides and licensed professionals.
- Step 3:** Utilize 3D Behavior Management and MemPics® book series as part of your non-pharmacological treatment approach.
- Step 4:** Reassess using the CBS-8 and make necessary intervention adjustments. The CBS-8 can be repeated as often as necessary.

Contact the BCAT® team to learn more about this very valuable program at: info@thebcat.com.