

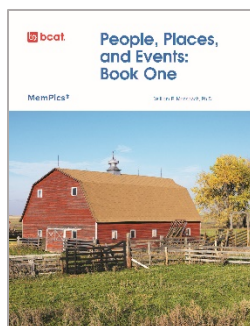
The Meaningful Engagement Program for Activities Professionals

The need or desire for meaningful activity is essential and part of human nature. People with cognitive impairments, including dementia, cannot adequately seek meaningful engagement opportunities yet desperately need them. Meaningful engagement is an active process used to make connections that activate preserved memories, improve a sense of belonging and identify for the participants and are related to past roles and interests. Persons with more opportunities to engage have greater positive health outcomes, both physically and psychologically, and may even require less use of psychiatric medications.

The Meaningful Engagement Program for Activities Professionals focuses on fostering meaningful engagement and promoting independence through cognitively stimulating group activities. By using the comprehensive tools in this program, professionals will learn how to use the MemPics® book series to provide opportunities for meaningful engagement in persons with and without cognitive impairments. This program provides activities professionals with over 300 activities for your community calendar.

This program can be offered both in person and virtually and has the flexibility to be offered in one-to-one situations or in group settings. **The Meaningful Engagement Program for Activities Professionals** provides your facility with the following resources to ensure success:

- A step-by-step Implementation Guide
- Educational resources and training videos
- Sample calendars
- One full set of 13 **MemPics® books**, used to activate old memories through pictures and conversations, and designed to improve meaningful engagement and enhance cognitive functioning in people with cognitive loss
- The **MemPics® Grab'N Go book** is an additional resource to extend these activities by incorporating the five senses.



If you would like to more information on The Meaningful Engagement Program for Activities Professionals or would like to discuss how a BCAT® partnership can support your organization, please reach out to us at info@thebcat.com.