

## The BCAT® Transitions in Care Program

This program equips the interprofessional care team with the guidance, tools, and resources to meet the needs of individuals with cognitive and/or memory impairments. Providers use objective measures and scientifically validated interventions and programming tools to minimize hospital readmission risk while planning for safe and sustainable discharges. Designed to leverage both the BCAT® Approach and our scientifically validated Transitions Programming tools, components of the program include the following:

**The BCAT® Approach** is an integrated approach to cognitive care delivery that includes the BCAT® Test System, a variety of evidence-based BCAT® Interventions, and the ENRICH® Brain Health Program.

- **The BCAT® Test System** is comprised of six unique assessment instruments that provide detailed information regarding cognition, practical judgment, and mood status. The scores and interpretation information guide professionals to deliver appropriate interventions, facilitate level of care determinations, and provide predictive information regarding discharge disposition.
- **BCAT® Interventions** include prescriptive treatment protocols that incorporate evidence-based interventions that optimize clinical outcomes for individuals with cognitive impairment.
- **The ENRICH® Brain Health Program** is web-based program used by patients and family members to learn about brain-healthy behaviors, complete several self-administered screening tools and receive action plans that promote cognitive health and wellness.

**The BCAT® Transitions Program** is a robust set of resources used by leadership teams, front line providers, as well as patients and families to mitigate hospital readmission risk and promote safe and sustainable discharges.

This program offers:

- **Organizations** an opportunity to standardize their discharge planning process by leveraging objective measures, discharge planning checklists and clinical decision-making tools to promote an evidence-based and interprofessional approach to care.
- **Comprehensive Clinical Resources** to guide the interdisciplinary team through the assessment, treatment, and discharge planning process. Included in this resource are patient-level risk identification tools, group programming resources, and crosswalks that promote the utilization of objective measures to establish an individualized cognitive home exercise program for ongoing brain health and wellness.
- **Family and patient education** tools include a variety of handouts such as *Why Cognition Matters* and *Living a Brain Healthy Lifestyle*. These educational resources promote health literacy and the use of cognitive home programming tools for sustainability of brain health.

**The SMART™ Tool** (Strategic Management of Acute Rehab Transitions) is a brief instrument used to identify individuals at-risk for unnecessary hospital readmissions from any setting including inpatient rehabilitation, nursing home, senior living, or home-based settings.

If you would like to more information on the **BCAT® Transitions in Care Program**, or would like to discuss how a BCAT® partnership can support your organization to minimize risk and ensure safe and sustainable discharges for the individuals they serve, please reach out to us at [info@thebcat.com](mailto:info@thebcat.com).