

## Cognitive Therapy Powered By BCAT® - Prescriptive Treatment Protocol: Severe

**Instructions:** These interventions are designed to enhance cognitive functioning, meaningful engagement, and reduce Behavioral and Psychological Symptoms of Dementia (BPSDs) that may be negatively impacting overall functional abilities. MemPics® is a patient-centered program for not only increasing meaningful engagement, but also for lowering agitation and improving well-being in people with Dementia. The BCAT® 3D Behavioral Management Program is a scientific approach to decoding problem behaviors and improving health outcomes. If BCAT® Test scores are 10 or lower, participation in the below treatment activities may or may not be appropriate due to cognitive level and preserved strengths.

**BCAT® Scores: 0-18**

Session	BCAT® Test System and BCAT® Interventions	MemPics®	MemPics® Grab'N Go	Notes
1	Recommend <b>BCIS®</b> administration to determine processing skills and interpersonal tolerance. The <b>KPT®</b> may be administered as appropriate. Complete MemPics® Activity - Complete one chapter in the MemPics® book of the patient choice.	Identify the MemPics® topic that is most meaningful to the patient.		<i>*Complete with the patient/family members the <b>Person-Centered Inventory</b> to identify the MemPics® topics most meaningful to the patient.</i> <i>*Discuss functional, neurobehavioral issues and additional management issues per BCIS® results with family and IDT.</i>
2	Complete MemPics® Activity. Administer CBS-8® to determine BPSD baseline as applicable*	Select one MemPics® chapter. Start with the picture and questions.		<i>*Initiate use of the 3D Behavior Management Program, as applicable.</i> <i>*Columbia Behavior Scale (CBS-8®) is an instrument used to improve, manage, and treat behavioral and psychological symptoms of dementia (BPSDs).</i>
3	Utilize <b>Great 8 Communication Tips</b> during therapy and determine most effective strategies that improve communication and functional abilities.* Complete MemPics® Activity.		MemPics® and MemPics® Grab'N Go activities.	<i>*Establish training time to review strategies with care partners.</i> <i>*Have residents read materials in the MemPics® books, as able, to further encourage meaningful engagement</i>
4	Provide training, target specific <b>Great 8 Communication Tips</b> with family/caregivers. If behavior management programming is in place, use 3D Behavior Management tools to identify target behaviors.		MemPics® and Grab'N Go activities.	
5	Utilize compensatory communication strategies identified from the <b>Great 8 Communication Tips</b> in therapy sessions. Complete MemPics® Activity.	Read a story from MemPics® that is of interest to the patient.	Continue using MemPics® and Grab'N Go.	<i>*Leave a copy of <b>The Great 8 Communications Tips</b> in the room. Share with IDT.</i>
6	Reassess using <b>BCIS®/KPT®</b> as applicable. Finalize <b>3D Behavior Program</b> patient centered interventions prior to discharge from skilled services. Review with IDT.			
7	Complete MemPics® Activity with trained care partner. Review the <b>Person-Centered Inventory</b> to select the MemPics® topics most meaningful to the patient for prescription of cognitive home program.	Complete MemPics® chapter.		<i>*Train caregivers to use patient-centered topics to promote meaningful engagement.</i>
8	Patient/Family/IDT Education and Training Prior to discharge. Plan to re-assess CBS-8® for updated scores and behavior management.			<i>*Provide the following resources to the patient/family prior to discharge: (1) <b>Great 8 Communication Tips</b>, (2) <b>Family Matters Interview Series Flyer</b></i>